

Guest FAQ's

21/07/2025 1:17 pm BST

Is the Kaasen Safe to Use?

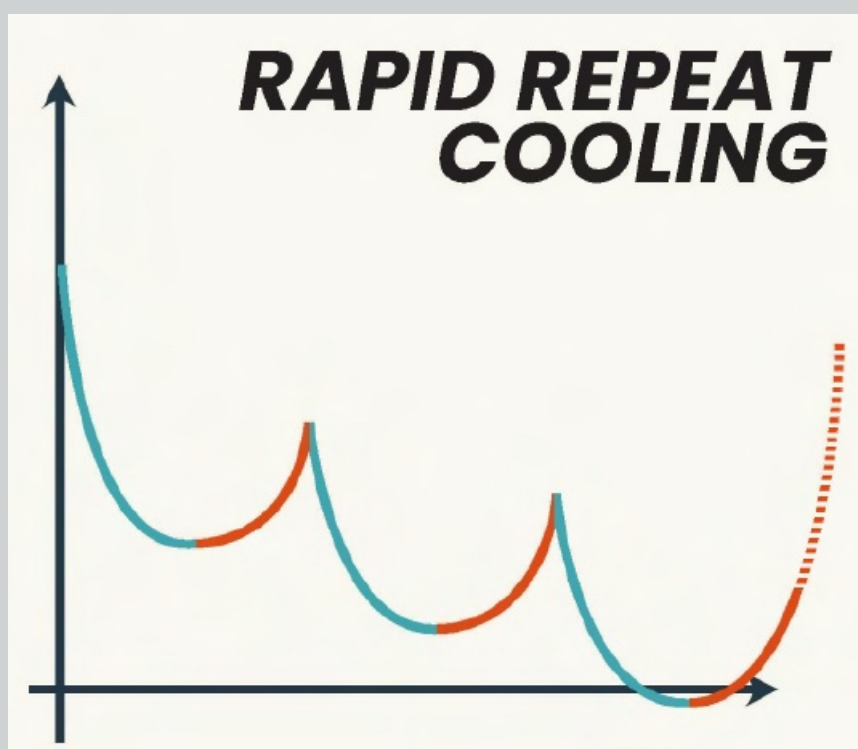
All the Kaasen devices uses carbon dioxide, which is safe, inexpensive and effective for targeted treatments. All devices feature dual temperature sensors, a cold shock indicator light, a treatment timer and an intelligent proximity sensor to ensure the optimal treatment every time.

What is rapid repeat cooling

Kaasen cools skin and underlying tissues to optimum temperature in under 30 seconds. Rapid, effective treatments without the need for post-treatment warming.

Body temperature is self-regulated; during warm-up periods, massage and other physiotherapy treatments can be employed to break up repeated cooling.

Rapid repeat cooling allows for a larger safe drop in temperature within a single treatment.



■ Rapid Repeat Cooling with Kaasen

■ Body temperature self-regulation

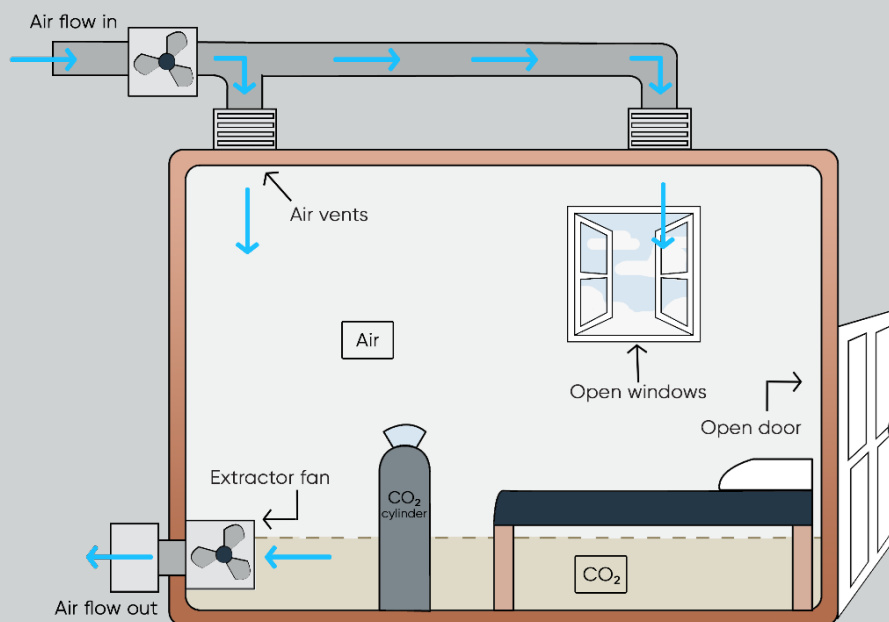
What is Targeted Cryotherapy

Localised cryotherapy is a treatment that targets specific areas of the body with extremely cold temperatures, usually using tools like cryo-sprays or handheld devices. Unlike whole-body cryotherapy, which exposes the entire body to cold, localised cryotherapy focuses on precise spots to reduce inflammation, relieve pain, accelerate recovery, and improve skin health. Treatments are quick, typically lasting a few minutes, and are commonly used in sports recovery, aesthetics, and pain management.



Is Carbon Dioxide Safe?

Yes - if it is used in a ventilated space. Opening a window or a door will allow the CO₂ to escape and fresh air to come in. We always recommend using a CO₂ alarm in the space you are working in.



Will I Receive Training?

Yes, Comprehensive training is included with every Kaasen device to ensure you and your team feel fully confident and capable in its use.

As part of our commitment to your success, you can opt to go to a TruCryo regional training location or, for a minimal fee, have a TruCryo Certified Trainer come to your location. During your personalised training session, the trainer will provide thorough hands-on instruction for you and your team members that you would like trained to operate the equipment.

Our support doesn't end after initial training. TruCryo, together with our network of distributors, is committed to providing ongoing after-sales support to help you maximise the value of your Kaasen system. We regularly release updated training materials, including detailed online video tutorials that you can access anytime to refresh or expand your knowledge.

For those looking to take their expertise even further, advanced training programs are also available. These sessions are designed to deepen your understanding of localised cryotherapy techniques and broaden the range of treatments you can offer.

At TruCryo, we are dedicated to partnering with you every step of the way, ensuring that your experience with Kaasen remains positive, productive, and profitable for years to come.

Is the TruCryo Kaasen range available with finance?

Yes, finance options are taken by many customers around the world.

What are in the Different kits

The Kaasen family of devices represents the cutting edge of localised cryotherapy and body contouring technology. Designed for versatility and ease of use, each Kaasen model serves specific needs across human wellness, aesthetic enhancement, athletic recovery, and veterinary care.

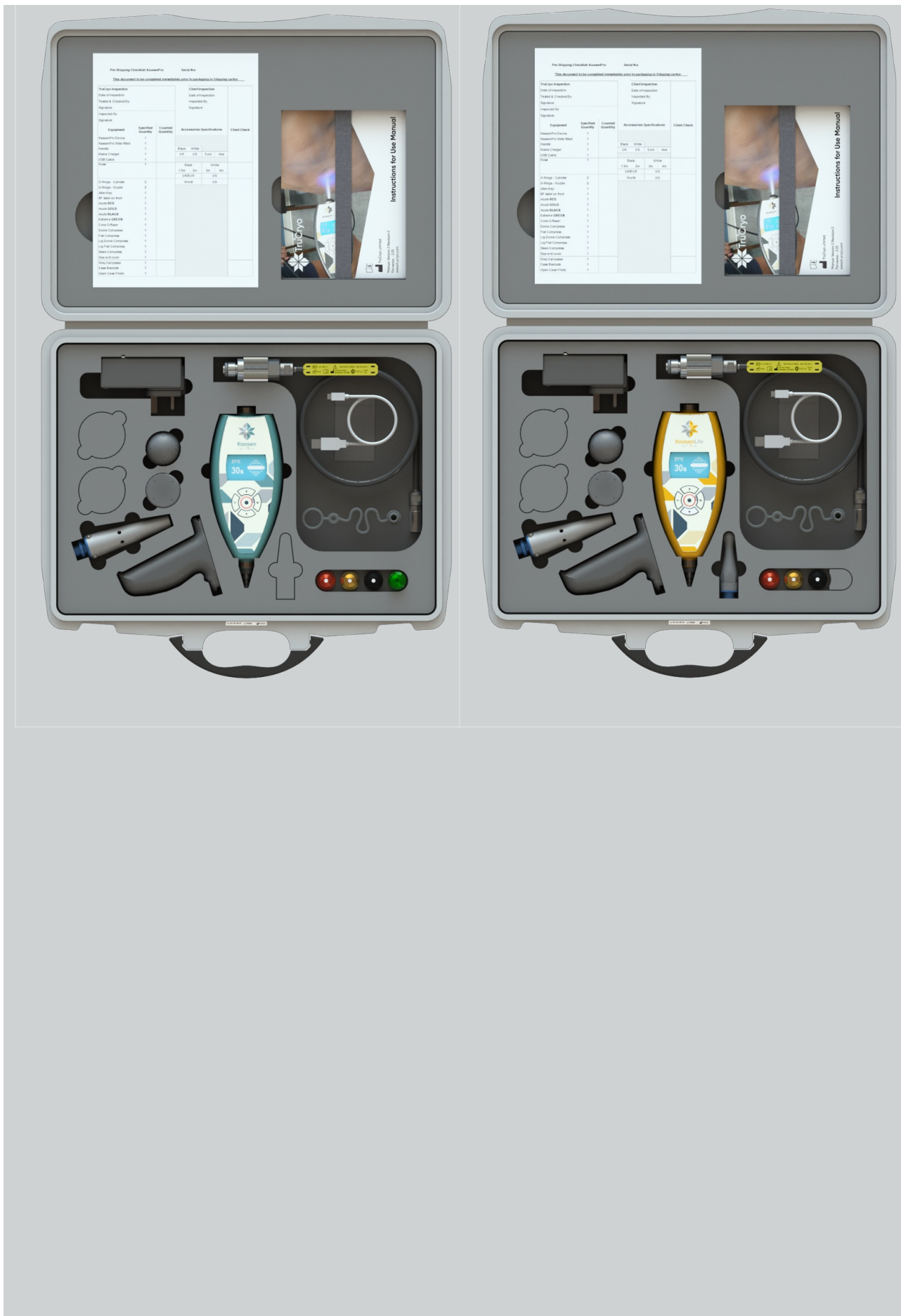
The **Kaasen** has been developed to focus on sports recovery, rehabilitation and maintenance. The device offers powerful localised cryotherapy treatments.

The **KaasenLife** has been specially developed to focus on lifestyle and wellness applications. It's perfect for clinics, spas, and wellness centres looking to offer clients non-invasive solutions for pain relief, inflammation reduction, and beauty treatments — all with minimal downtime and maximum results.

For practitioners seeking even greater performance and advanced capabilities, the **KaasenPro** offers an expanded range of functions. Ideal for high-demand environments like sports medicine clinics and rehabilitation centres, KaasenPro is supplied with all the nozzles, enabling the widest range of treatments.

Recognising the unique needs of the equestrian world, we have developed the **KaasenEquine** — a specialised device designed to support the health, recovery, and performance of horses. From injury rehabilitation to maintenance therapy, KaasenEquine delivers targeted cryotherapy treatments that are safe, effective, and easy to administer in any stable or veterinary practice.

Whether you're supporting human wellness or equine performance, Kaasen technology provides a proven, non-invasive solution to help your clients and animals achieve optimal health and recovery outcomes.





What is Cryolipolysis

Cryolipolysis is the breakdown fat cells using cold temperatures. Unlike other cells, the fat cells are particularly susceptible to the effects of cold. While the fat cells freeze, the skin and other structures are spared from injury. Cryolipolysis is among the most popular nonsurgical fat reduction treatments, with over 450,000 procedures performed worldwide.

Post Treatment Care

There is no downtime following treatment, although it is normal for the treated area to be a little pink – this settles within minutes. We advise you to drink plenty of water to enable the body to eliminate the crystallised fat cells.